



Interreg



Co-funded by the European Union

NEXT MED

CAREMED



COMMUNITY-BASED APPROACH FOR RESILIENT MEDITERRANEAN HEALTH

Our Goals

- Ensure equitable access to quality care, especially for chronic patients
- Promote prevention, early detection, and long-term management of NCDs
- Empower patients to actively manage their own health
- Support healthcare staff with tools, training, and resources
- Foster transnational collaboration to harmonise healthcare policies and care frameworks

About CAREMED

CAREMED is a strategic initiative co-funded by the European Union under the Interreg NEXT MED Programme, to tackle the growing challenge of chronic diseases in the Mediterranean, where over 80% of healthcare use and spending is linked to Non-Communicable Diseases (NCDs). By bringing care directly into communities, empowering patients, equipping healthcare professionals, and strengthening health systems, CAREMED seeks to transform prevention, management, and patient experience across the region.

Project duration 36 months

October 2025 - October 2028

Budget

Total budget	EU contribution	EU co-financing
€ 2.8 million	€ 2.5 million	89%



Geographic coverage:

Italy - Spain - Tunisia - Lebanon - Türkiye

Main Objective

CAREMED aims to strengthen the resilience, equity, and sustainability of Mediterranean health systems by shifting chronic disease management from hospitals to community- and patient-centred approaches



Servei de Salut Atenció Primària de Mallorca



T.C. SAĞLIK BAKANLIĞI İZMİR İL SAĞLIK MÜDÜRLÜĞÜ



Our Approach

CAREMED adopts a multi-level approach to strengthen Mediterranean health systems and improve chronic disease management by promoting collaboration, innovation, and community engagement:



Transnational Cooperation

Partners collaborate to develop shared tools, training programs, care frameworks, and policy guidance, fostering alignment and learning across countries.



Community Engagement & Local Implementation

The project pilots community-based healthcare initiatives that engage chronic patients through peer-to-peer learning, strengthen primary care, and promote prevention, early detection, and patient empowerment.



Capacity Building & Knowledge Exchange

CAREMED invests in healthcare professionals and institutions, providing training, resources, and opportunities for learning to improve chronic care management across the region.

Partnership

PROJECT PARTNERS

- Global Health Center – Meyer University Hospital (Italy – Lead Partner)
- ICU – Istituto per la Cooperazione Universitaria (Italy)
- Health Service of the Balearic Islands (Spain)
- Ministry of Health (Tunisia)
- Lebanese University (Lebanon)
- Izmir Provincial Directorate of Health (Türkiye)

ASSOCIATED PARTNERS

- University of Jordan (Jordan)
- Caritas Lebanon (Lebanon)
- High Institute of Public Health (Egypt)

Project Outputs

CAREMED strengthens community-based care, skills, and collaboration through:

- **Pilot Solutions:** Testing innovative NCD care models in primary healthcare facilities
- **Capacity Building:** Training and resources for healthcare professionals and patients
- **Transnational Framework:** Shared guidelines and tools for cross-country learning
- **Peer-to-Peer Networks:** Patient groups and collaborative care networks
- **Digital Health:** Improved health information systems and NCD monitoring
- **Community Engagement:** Awareness, education, and screening activities

Benefits & Impact

840 Patients: Better skills & local care access

384 Health Professionals: Enhanced training & resources

Communities: Empowered through participation & education

Transnational Cooperation: Policy alignment & shared knowledge



More info about the CAREMED Project: